

Christopher Best

Lakewood

Op.67a (*shorter version*)
for Classical Guitar (with drop D tuning)

with additional tablature

2025

COMPOSER'S NOTE

Lakewood was written for Polish guitarist Aleksandra (Ola) Sapok. It takes its title and inspiration from the circular walk around Loe Pool, Cornwall's largest freshwater lake near Helston.

The work exists in two versions, one slightly shorter than the other to allow for more flexible concert programming. Each version is available with the option of additional guitar tablature.

DURATION

Shorter version (Op 67a): c.9½ minutes

Longer version (Op 67b): c.10½ minutes

Lakewood

for Aleksandra Sapok

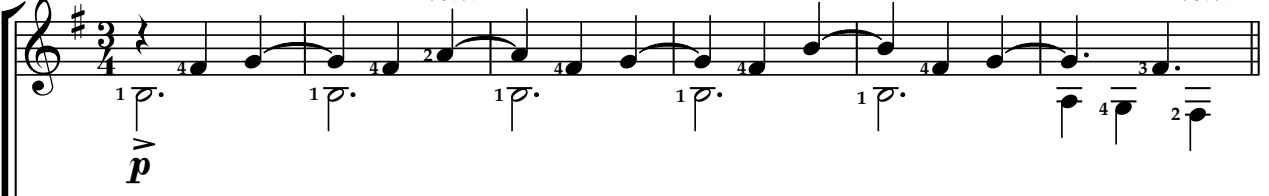
Christopher Best

Allegro espressivo e poco rubato

♩ = c.140

poco rall.

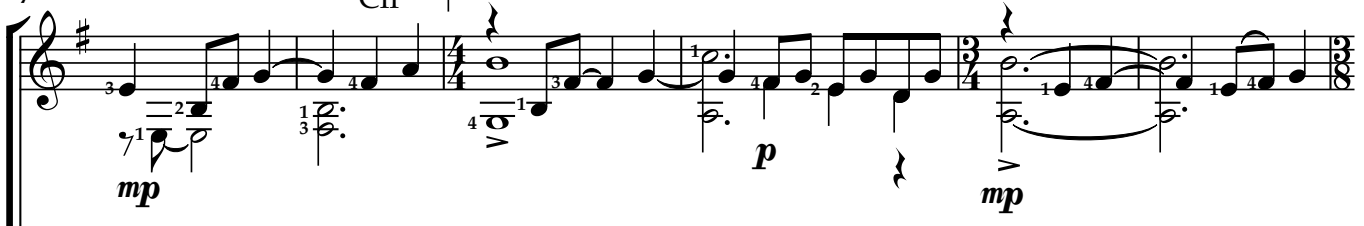
Guitar



TAB

E					
B					
A					
D	2	4	0	2	4
B	2	4	0	2	4
D					0 5 4

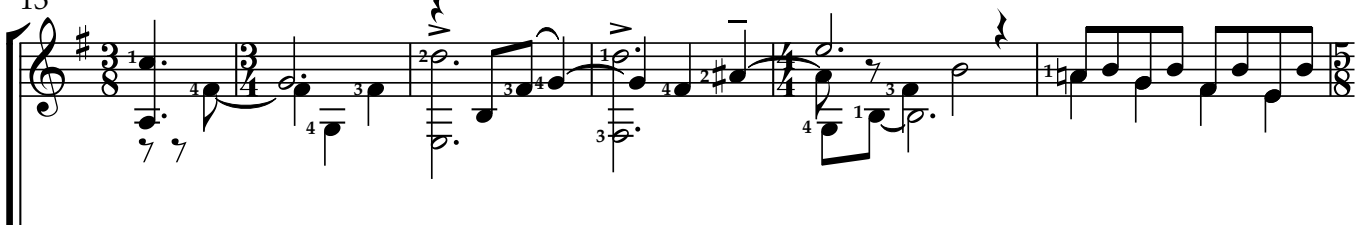
7 **A tempo**



TAB

T										
A	2	4	0	4	2	0	0	0	0	0
B	2	2	4	2	4	0	4	2	0	0
D	2	2	4	2	4	5	0	0	0	0

13



TAB

T	1		3	3	0	0	0	0	0	0
A	4	0	4	4	3					
B	0	4	4	4	3					
D	0	5	2	4	5	2	4	4	2	

19

TAB 5 4 5 4 5 2 | 5 4 2 2 4 2 | 0 4 0 2 4 2 | 0 4 0 2 4 2 | 0 4 0 2 4 2 | 1 4 0 2 0 0

25

TAB 0 2 4 0 2 4 5 | 0 2 4 5 0 4 5 | 5 4 5 5 4 0 4 5 | 3 0 4 0 4 0 5 3 4 0 | 0 3 4 0 0 0 0 0 | 0 3 4 0 0 0 0 0

30

TAB 2 2 0 0 2 0 0 | 2 0 0 4 5 4 2 4 0 2 | 3 4 0 4 4 0 2 4 5 | 4 2 0 2 4 5

35

CII CIII

TAB 2 4 2 4 5 3 | 2 4 5 3 0 0 2 0 4 0 | 3 0 2 4 0 2 5 | 3 0 2 4 0 2 5 | 0 2 4 0 2 5 | 0 2 5 0 2 5

41

TAB: 3 6 | 0 2 3 | 0 1 2 | 3 0 3 3

45

TAB: 2 0 0 | 0 0 | 5 2 4 | 5 4 5 5 4

50

TAB: 0 0 0 | 0 2 0 0 | 0 2 4 0 | 0 0 2 | 2 4 5 2 4 2

56

TAB: 2 4 0 | 2 4 | 2 4 2 0 0 | 0 2 4 2 2 5 | 2 2 4

62

mf

T	0	0	0	0	0	0
A	2	0	4	0	2	4
B	5	2	4	6	2	4

68

CII

p mp

rit.

T			5	5	0	0
A	2	4	0	2	0	0
B	2	4	0	0	4	3

74

CII

mf mp

T	2	3	3	3	1	
A	0	2	4	0	2	4
B	0	2	4	0	2	4

80

mf ff

poco accel.

T	0	2	0	0	0	2
A	4	0	2	0	0	2
B	4	2	2	4	4	0

86

CII CII

T 1 0 3 2 2 0 2 3 0 3 3 3 7 7 7 7

A 0 0 0 2 2 0 2 2 0 0 0 0 0 0 0 0

B 0 0 0 2 2 2 4 4 1 4 0 7 7 7 7

92

♩ = c.150

D D U D D D D X (palm)

fff *p*

T 7 7 7 8 8 8 8 8 8 8 X

A 0 0 0 8 8 8 8 8 8 8 X

B 6 6 6 0 0 0 0 0 0 0 X

96

U D U D X D D D (damp)

mf *mp* *f*

T 3 3 3 3 X 3 3 3 8

A 0 0 0 0 X 0 0 0 7

B 5 5 5 5 X 5 5 5 8

B 6 6 6 6 X 6 6 6 8

B 6 6 6 6 X 6 6 6 0

B 0 0 0 0 X 0 0 0 0

B 0 1 2 3 0 0 0 1 2 6

100

U D U U D D U D

A Allegro assai

♩ = c.110

pp *mp*

T 3 3 3 3 3 3 3 3 3 0 0 0

A 0 0 0 0 0 0 0 0 0 4 0 0 0

B 5 5 5 5 5 5 5 5 5 7 5 4

B 6 6 6 6 6 6 6 6 6 6 7 5

B 0 0 0 0 0 0 0 0 0 6 7 5

104 *ten.* *ten.* *ten.* *rit.*

mf *mp*

TAB: 0 0 0 0 0 0 | 0 0 0 0 0 0 | 0 0 0 0 0 0

A: 1 4 1 4 1 4 | 4 5 4 5 4 5 | 4 7 4 7 4 7

B: 4 4 1 4 1 4 | 5 5 5 4 4 4 | 7 7 4 7 4 7

107 *A tempo* *rit.*

CIV

TAB: 0 0 0 0 0 0 | 2 0 0 0 0 0 | 4 4 4 4 0 0

A: 2 1 2 1 2 1 | 4 1 4 1 4 1 | 4 4 4 4 4 4

B: 1 1 2 1 2 1 | 2 2 4 2 4 2 | 4 4 5 4 4 4

110 **B** *Poco meno mosso* *più f* *più f (sim.)*

ten. *ten.* *5* *5*

p *(p)*

TAB: 0 | 1-1-1-1-1 | 3 | 3-3-3-3-3

A: 7-7-7 4 7-7 7-7 3 3 3 3 3-3-3-3-3

B: 6-6-6 6-6 6-6 0-0-0 0 0-0 0-0

115 *ten.* *sim. 5* *ten.* *CI* *mp 5*

(p) sim. *sim.*

TAB: 4 | 2-2-2-2-2 | 1 | 4-4-4-4-4

A: 3-3-3 3 3-3 4-4-4 4 4

B: 1-1-1 1 1-1 1-1-1 1 1

poco rall. . . . A tempo accel. rall. 7

119 *ten.* CX CIV

mf

T		0	11-11-11-11	12-10	13-12	6-5	7-5-4	7
A					13-12			
B	3-3-3	2-2-2		11	10	6	4	

A tempo **C** Più mosso $\text{♩} = \text{c.}130$ CII

p

T		0	4	4	0	4	3	4	0
A	6	8	1	4	0	4	0	4	0
B	6	4	1				4	2	

129 *ten.* CIV CIV-

ten.

T	5	0	4	4	0	4	4	7	4
A	4		6	6	8	7	8	5	4
B	4		6	6	0	6	8	7	6

134 CVI CII

T	5-4-5	4	4	4	0	4	3	3	2
A									
B	4	7	6	8	6	8	4	2	0

D Allegro molto

♩ = c.144

139

mp

T 2 4 2 0 4 2 2 0 0 0 6 6 6 6 8 6 0 7 6

A 3 3 6 6 6 6 6 6 6 6 6 6 6 6 6 6

B 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6

142

T 6 6 6 0 7 6 8 0 7 0 7 7 7 8 0 7

A 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6

B 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4

146

T 7 7 7 7 7 7 8 0 7 7 0 7 5 0 0 0 3 0

A 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7

B 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6

151

T 2 0 0 0 5 5 5 0 5 5 5 5

A 0 0 0 4 4 4 0 4 4 4 4 4

B 3 3 6 6 6 6 6 6 6 6 6 6 6 6

155

T
A
B

160

rall.

T
A
B

. ♩ = c.106

E accel. . . Allegro (tempo primo)

165

CII = c.140

p *mf* *mp*

T
A
B

171

CVII CIX CVII

T
A
B

176

T 7-10 7 6 6 0-1 3 0-5 6
A 9 9 0 0 2 3 2 3 7 8 7-9-11
B 7 9

181

CIII (hinge barré)

T 10-0 11 10 9 5-7-3-5 2-3-2-0-2 3 0 8 5-7 5-7-8
A 12 11 9-11 0 0 3 0 7 0 0-7-8
B 9 8 0 0 7

187

CIV

mf *mp*

T 8 7-8 7 7-7-7 0 2 0 2
A 4 0 6-6-6 4 0 2 0 0 0-2
B 2 4 0 0 2 4 2 1 2 2

193

T 5 0 3 7 7
A 4 0 0-2 0 0-2 0 0 0 7
B 0 0 4 3-0 0 7 7 7 7

poco accel.

CII

199

⑤

sfz

mf

T	4	0	3	2	3									
A	4	0	4	2	4	4	5	2	4	3	0	2	0	
B	4	0	0	4	2	4	4	5	2	4	3	0	2	0

Poco più mosso

205

mf

T	4	0	2	0	0	2	0	0	2	0	0	2	1	0	3
A	4	0	2	4	0	2	4	4	0	2	4	4	0	0	3
B	2	2	2	2	2	2	2	2	2	4	4	4	0	0	0

211

cresc. poco a poco

fff

T	2	2	0	2	2	0	3	3	3	7	7	7	7	7	7
A	0	0	0	2	2	0	2	0	2	0	0	0	0	0	0
B	2	2	2	2	2	2	4	1	4	0	7	7	7	7	7
											6	6	6	6	6

♩ = c.180

217

mp

T	0	7	0	7	0	0	0	7	0	0	7	0	0	0	0
A	0	7	0	7	0	0	0	7	0	0	7	0	0	0	0
B	7	6	8	8	8	8	6	6	8	8	6	6	8	6	6
											7				

Tempo primo

F

CVI

220 ♩ = c.140

Musical notation for measures 220-226. The system includes a treble clef staff with a key signature of one sharp (F#) and a 4/4 time signature. The music features a melodic line with various rhythmic values and fingerings (1, 2, 3, 4). A dynamic marking of *p* is present. Below the staff is a guitar tablature with six lines, showing fret numbers for the strings. A box labeled 'F' is positioned above the first measure, and 'CVI' is above the last measure.

Musical notation for measures 227-231. The system includes a treble clef staff with a key signature of one sharp (F#) and a 4/4 time signature. The music features a melodic line with various rhythmic values and fingerings (1, 2, 3, 4). A dynamic marking of *pp* is present. A 'slide' instruction is written above the staff in measure 231. Below the staff is a guitar tablature with six lines, showing fret numbers for the strings. A box labeled 'G' is positioned above the last measure.

Musical notation for measures 232-236. The system includes a treble clef staff with a key signature of one sharp (F#) and a 4/4 time signature. The music features a melodic line with various rhythmic values and fingerings (1, 2, 3, 4). A dynamic marking of *ten.* is present. Below the staff is a guitar tablature with six lines, showing fret numbers for the strings.

Musical notation for measures 237-241. The system includes a treble clef staff with a key signature of one sharp (F#) and a 4/4 time signature. The music features a melodic line with various rhythmic values and fingerings (1, 2, 3, 4). A dynamic marking of *ten.* is present. Below the staff is a guitar tablature with six lines, showing fret numbers for the strings. Boxes labeled 'CVII' and 'CIX' are positioned above the first and last measures, respectively.

243

mf

T
A
B

poco rall. **H** Allegro molto

$\text{♩} = \text{c.144}$

248

p *mp*

T
A
B

253

T
A
B

257

T
A
B

262

266

270

$\text{♩} = \text{c.}92$

275

I Prestissimo

♩. = c.126

280

mf p

T
A
B

287

T
A
B

294

T
A
B

301

T
A
B

♩. = c.116
non arp

308

mp più marcato *mf*

T 5 0 2 2 2 0 0 8 8
A 3 1 3 1 3 1 0 7 7
B 3 1 3 1 3 1 0 6 6

J A tempo
♩. = c.126

314

mp

T 4 0 5 0 3 4 0 4 0 4 0 5 0 5 0
A 3 5 4 4 5 0 0 2

320

mp

T 5 0 0 5 0 0 5 4 0 3 0 5 0 0 0
A 3 3 5 0 2 4

326

mp

T 1 0 1 0 1 0 4 0 0 0
A 1 2 0 3 2 0 5

K

non arp

332

Musical score for measures 332-337. The score is in treble and bass clefs with a key signature of one sharp (F#). It features a guitar accompaniment with fret numbers and a melodic line with accents. Dynamics include *f* and *mf*. A box labeled 'K' is present in the upper right.

T	3-0	1	1-0	0	7	0
A					6	5
B	3	2	0	3	2	0

338

Musical score for measures 338-343. The score is in treble and bass clefs with a key signature of one sharp (F#). It features a guitar accompaniment with fret numbers and a melodic line with accents.

T	1-0	3	5	0	5	0	5	0	1	0	1	0	0	3	5	0
A																
B				3					0				2	3		

344

Musical score for measures 344-350. The score is in treble and bass clefs with a key signature of one sharp (F#). It features a guitar accompaniment with fret numbers and a melodic line with accents.

T	6	5	0	5	0	5	0	1	0	5	0	1	0	5	0	0
A																
B	5	8		3						0		2		3		1

351

Musical score for measures 351-356. The score is in treble and bass clefs with a key signature of one sharp (F#). It features a guitar accompaniment with fret numbers and a melodic line with accents.

T	1	0	0	1	0	3	5	0	5	0	6	0				
A																
B		3		0					2		4		1	2		

381

T
A
B

387

T
A
B

393

T
A
B

399

T
A
B

N Poco meno mosso

♩ = c.176

D

405

mp *f*

T
A
B

A tempo (Prestissimo)

♩ = c.190

D D U D U

410

pp *f*

T
A
B

O L'istesso tempo

♩ = c.126

412

mf *f*

T
A
B

416

mf *f*

T
A
B

423

T
A
B

430

T
A
B

437

T
A
B

443

T
A
B

449

T
A
B

456

T
A
B

463

T
A
B

469

T
A
B

476

8 5 7 9 11-12 10

483

8 12-10 8 6 0-12 10-8

490

non arp

R

ff *f*

7 6 5 4 0 5 3 4 0 4 0 4 5 0

496

5 0 0 3 4 0 5 4 0 4 0 5 0 5 0 4 0

503

TAB

5	0	0	0	1	0	1	0	1	0	4	0	0	0
2		4	1	2	0			3		2	0		5

510

TAB

3	0	1	8	7	7	6		8					
3		0	5	0	0	3		5		0	0	0	0
		0	7		7			0	0	0	0	0	0

517

TAB

10		12		8		6		8					
7		9	10	0	0	0		3		5		0	0
0	0	0	0	0	8	0		0	0	0	0	0	0

523

TAB

10		12		6	6			8		10			
7		9		6	3			5		7			
0	0	0	0	0	0	0		0	0	0	0	0	0

530

T
A
B

536

T
A
B

542

T
A
B

549

T
A
B

556

T
A
B

564

U

f

T
A
B

570

non arp (tempo giusto)

ff ppp

T
A
B

571

Poco meno mosso
(♩ = c.180)

CIII CV

D non arp

p mf

T
A
B

♩ VIII

574

D U D D U D D

f *mf*

TAB

9 9 9 9 X 9
 (X) 11 (X) 11 11 (X) (X)
 8 8 8 8 X 8
 8 8 8 8 X 8

Ancora meno mosso (Allegro)

♩ = c.160

578

D U D D U D D U D

f

TAB

8 X 8 8 8 8 8
 (X) X (X) (X) (X) (X) (X)
 8 X 8 8 (X) (X) (X)
 6 X 6 6 6 6 6
 0 0 0 0 0 0 0

Prestissimo

♩ = c.192

582

D U D D U D

fff *f*

TAB

11 11 11 11 11 11
 11 11 11 11 11 11
 10 10 10 10 10 10
 0 0 0 0 0 0
 10 10 10 10 10 10
 0 0 0 0 0 0

Meno mosso

♩ = c.174

585

D U

fff

TAB

11 11 11 11 12 12 12
 10 10 10 10 11 12 12
 0 0 0 0 11 13 13
 0 0 0 0 0 0 0

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